



Goju-Ryu Karate-Do Ho-Ei Juku



Introduction and Training Fees

Welcome to the Goju-Ryu Karate-Do Ho-Ei Juku, where we practice the famous, most complete, old-school Martial Art of Goju-Ryu Karate. Landmarks in my training history include that; I am the founder and chief instructor of the Ho-Ei Juku, started training in Karate in 1972, opened my first Karate club in Hastings in 1985, have received my Dan grades directly from Japan (where I first went in the 1980s as part of the England Karate team at the time), spent time teaching karate in Japan in the early 1990s, am graded to 8th Dan in Japan, am a Director of the All Japan Martial Arts Federation and Nippon Seibukan Dojo of Kyoto and head of Karate UK for this organisation. With an early career in Sport Karate, I won Karate and Kick-boxing titles in the 1980s and 1990s, including English Karate Champion for kata, kumite and weapons in 1984, 1991 and 1992. This led me across the world training with the top Japanese Masters, competing and teaching seminars myself across Europe, the USA and Japan. Heading the All Japan Martial Arts Federation for Karate in the UK, I have indemnity insurance, have been Police checked and hold a first-aid qualification.

Sport Karate is no longer the main purpose of the training within the Ho-Ei Juku, although it is available to those that wish to compete. The aim of the Ho-Ei Juku is to enable people of all ages to benefit from training and develop health and confidence in a disciplined environment. There is a Ho-Ei Juku training manual available that outlines many of the principles of training and more information, photographs, links and downloads can be found on our website. Advanced students will also have the opportunity to train in the Japanese sword art of Muso Jikiden Eishin Ryu Iai-jutsu and can go on to join us in training visits to Kyoto Japan and other destinations around the world as well as having their Dan grades registered in Japan and recognised around the world.

Membership type	Sessions attended / week	Rate / calendar month
Single Member (individual)	once	£20
	unlimited	£30
Dual Membership (e.g. brothers)	once	£35
	unlimited	£50
Family Membership (3 + members)	once	£55
	unlimited	£70

Enrolment in the Ho-Ei Juku is simple; come along to one of the training sessions and try. No special clothes are needed at first. Karate suits and protective equipment can be bought in time. A membership form must be submitted in the first few weeks then you will receive a membership and grading record booklet which is your passport to karate training and a record of achievements. Training fees are payable at the first session attended each month, in cash or by cheque (made payable to **B. Hinchliffe**) and are not reduced or altered for holidays, cancellations or for any other reason – to retain your place in the class and maintain the club. There are also occasional seminars and training events to attend too, some of these are free. We sometimes carry on training through school half-term holidays but retain the right to cancel if necessary. The latest newsletters always make this clear. Membership and other fees are non-refundable and non-transferable.

Sensei Brian Hinchliffe 8th Dan

武頼案