



## Club Risk Assessment Form

**NAME OF CLUB** ..... **INSTRUCTOR**.....

**ASSESSMENT COMPLETED BY:** .....

**DATE** ..... **SIGNED**.....

- Members should be familiar with the rules and etiquette of the club.
- A program of warm-up exercises should be carried out at the beginning of each session.
- All injuries and accidents must be reported and recorded in an accident report form/record book.
- Instructor should identify any hazards and take precautions to limit risk of injury.
- There should be a first aid box on site and a designated first aid person at the club.

Hazard	Control Measures	Risk Factor (*)	Control Required

(\*) Risk Factors will be; High, Medium, or Low – consider both the hazards and probability involved